

The Episcopal Diocese of Eastern Oregon Policies for the Protection of Children and Youth from Abuse

Introduction

Relationships among people are at the foundation of Christian ministry and as such are central to the life of the church. Defining healthy and safe relationships through policies and codes of conduct is not meant, in any way, to undermine the strength and importance of personal interaction in our ministries. Rather, it is to assist in more clearly defining behaviors and practices that allow the church to more fully demonstrate its love and compassion for children and youth in sincere and genuine relationships.

Relationships in ministry should, ideally, always be experienced as caring and without intention to do harm or allow harm to occur. This Code of Conduct has been adopted by the Episcopal Diocese of Eastern Oregon to help our congregations create safe environments for children and youth and for those who minister to them. All Church Personnel are asked to carefully consider each statement in the Code and within the *Policies for the Protection of Children and Youth from Abuse* before agreeing to adhere to the statements and continue in service to the church in the area of ministries with children and youth.

Code of Conduct for Protection of Children and Youth

- Church Personnel agree to do their best to prevent abuse and neglect among children and youth involved in church activities and services.
- Church Personnel agree to not abuse or neglect a child or youth physically, sexually or emotionally.
- Church Personnel agree to comply with the policies for general conduct with children and youth as defined in these *Policies for the Protection of Children and Youth from Abuse.*
- All Church Personnel agree to comply with the *Guidelines for Appropriate Affection with Children and Youth.*
- In the event that Church Personnel observe any inappropriate behaviors or possible policy violations with children or youth, Church Personnel agree to immediately report their observations.
- All Church Personnel acknowledge their obligation and responsibility to protect children and youth and agree to report known or suspected abuse of children or youth to appropriate church leaders and state authorities in accordance with these policies.
- Church Personnel understand that the church will not tolerate abuse of children and youth and agree to comply in spirit and in action with this position.



General Conduct Guidelines For the Protection of Children and Youth

Introduction

The following guidelines are intended to assist Church Personnel:

- In monitoring and supervising behaviors and interactions with children and youth;
- In identifying and stopping those behaviors and interactions that may be inherently harmful to children or youth, which are of the type used by child molesters to groom children, youth and their parents, or that may create the conditions where abuse can occur more easily.

These guidelines should also be used to make decisions about interactions with children and youth in church sponsored and affiliated programs. *They are not designed or intended to address interactions within families.* When exceptions to these guidelines must be made, they should be reported to the supervisor of the Church Personnel making the exception as soon as possible.

- 1. All Church Personnel who work with children or youth must agree to comply with the Diocesan Guidelines for Appropriate Affection.
- 2. No person will be allowed to volunteer to *Work Regularly with Children or Youth* until the person has been known to the clergy and congregation for at least six months.
- 3. Programs for infants and children under six (6) years old will have procedures to ensure that children are released only to their parents or legal guardians or those designated by them in writing.
- 4. Church Personnel are prohibited from the use, possession, distribution, or being under the influence of alcohol, illegal drugs, or the mis-use of legal drugs while participating in or assisting with programs or activities specifically for children or youth.
- 5. Parents or guardians must complete written permission forms before Church Personnel transport children and youth for a church sponsored activity or for any purpose on more than an occasional basis.
- 6. Church Personnel will respond to children and youth with respect, consideration and equal treatment, regardless of sex, race, religion, sexual orientation, culture or socio-economic status. Church Personnel will portray a positive role model for children and youth by maintaining an attitude of respect, patience, and maturity. They will avoid even the appearance of favoritism.

- 7. One-to-one counseling with children or youth will be done in an open or public or other place where private conversations are possible but occur in full view of others. ("line-of-sight" rule in the sight of other adults)
- 8. Church Personnel are prohibited from dating or becoming romantically involved with a child or youth.
- 9. Church Personnel are prohibited from having sexual contact with a child or youth.
- 10. Church Personnel are prohibited from possessing any sexually oriented materials (magazines, cards, videos, films, clothing, etc.) on church property or in the presence of children or youth except as expressly permitted as part of a pre-authorized educational program.
- 11. Church Personnel are prohibited from using the Internet to view or download any sexually oriented materials on church property or in the presence of children or youth.
- 12. Church Personnel are prohibited from discussing their own sexual activities, including dreams and fantasies, or discussing their use of sexually oriented or explicit material such as pornography, videos or materials on or from the Internet, with children or youth.
- 13. Church Personnel are prohibited from sleeping in the same beds, sleeping bags, tents, hotel rooms or other rooms with children or youth unless the adult is an immediate family member of all children or youth in the bed, sleeping bag, tent, hotel room or other room. It is acceptable to have multiple adults sleep with all the children or youth participating in one open space such as a church basement or camp lodge.
- 14. Church Personnel are prohibited from dressing, undressing, bathing, or showering in the presence of children or youth.
- 15. Church Personnel are prohibited from using physical punishment in any way for behavior management of children and youth. No form of physical discipline is acceptable. This prohibition includes spanking, slapping, pinching, hitting, or any other physical force. Physical force may only be used to stop a behavior that may cause immediate harm to the individual or to a child, youth or others.
- 16. Church Personnel are prohibited from using harsh language, degrading punishment, or mechanical restraint such as rope or tape for behavior management.
- 17. Church Personnel are prohibited from participating in or allowing others to conduct any hazing activities relating to children's or youth ministry or camp activities.



Diocesan Guidelines for Appropriate Affection

Introduction

The Episcopal Diocese of Eastern Oregon and its congregations are committed to creating and promoting a positive, nurturing environment for our children and youth ministries that protect our children and youth from abuse and our Church Personnel from misunderstandings.

When creating safe boundaries for children and youth, it is important to establish what types of affection are appropriate and inappropriate; otherwise that decision is left to each individual. Stating which behaviors are appropriate and inappropriate allows Church Personnel to show positive affection comfortably in ministry, and yet identify individuals who are not maintaining safe boundaries with children or youth. These Guidelines are based, in large part, on avoiding behaviors known to be used by child molesters to groom children or youth and their parents for future abuse. The following guidelines are to be carefully followed by all Church Personnel working around or with children or youth.

1. Love and affection are part of church life and ministry. There are many ways to demonstrate affection while maintaining positive and safe boundaries with children and youth.

Some positive and appropriate forms of affection are:

- Brief hugs
- Pats on the shoulder or back.
- Handshakes.
- "High-fives" and hand slapping.
- Verbal praise.
- Touching hands, faces, shoulders and arms of children or youth.
- Arms around shoulders.
- Holding hands while walking with small children.
- Sitting beside small children.
- Kneeling or bending down for hugs with small children.
- Holding hands during prayer.
- Pats on the head when culturally appropriate. (For example, this gesture should typically be avoided in some Asian communities).

- 2. The following forms of affection are considered inappropriate with children and youth in ministry settings because many of them are the behaviors that child molesters use to groom children or youth and their parents for later molestation; or can be, in and of themselves, sexual abuse.
 - Inappropriate or lengthy embraces.
 - Kisses on the mouth.
 - Holding children over three years old on the lap.
 - Touching bottoms, chests or genital areas other than for appropriate diapering or toileting of infants and toddlers.
 - Showing affection in isolated areas such as bedrooms, closets, staff only areas or other private rooms.
 - Occupying a bed with a child or youth.
 - Touching knees or legs of children or youth.
 - Wrestling with children or youth.
 - Tickling children or youth.
 - Piggyback rides.
 - Any type of massage given by a child or youth to an adult.
 - Any type of massage given by an adult to a child or youth.
 - Any form of unwanted affection.
 - Comments or compliments (spoken, written, or electronic) that relate to physique or body development. Examples would be, "You sure are developing," or "You look really hot in those jeans."
 - Snapping bras or giving wedgies or similar touch of underwear whether or not it is covered by other clothing.
 - Giving gifts or money to individual children or youth.
 - Private meals with individual children or youth.



Diocesan Guidelines for Children and Youth Screening, Selection, Training, Monitoring Of Church Programs

Introduction

The church is known as a safe place – a sanctuary to all whom enter. To ensure that safety, it is essential that all who are involved in church ministry with children or youth, are selected, trained and monitored with care. The following guidelines are established to assist in the creative of that safe place.

A. Screening and Selection

1. Any and all Church Personnel who *Work Regularly With or Around Children or Youth* shall be screened and selected utilizing at least the following:

- a. A standard application completed by the applicant that includes an authorization for the release of information to conduct background checks and the Code of Conduct.
- b. Criminal records check in any state where the applicant has resided during the past seven (7) years, and other states, if any, as determined by the church.
- c. Sexual offender registry check in any state where the applicant has resided during the past seven (7) years.
- d. Individual interview with the applicant.
- e. Reference checks of persons outside the congregation who know the applicant, preferably who know how the applicant works with children.
- f. Driving or Motor Vehicle records check if the person may be transporting children or youth; proof of current vehicle insurance.
- 2. Any and all Church Personnel who *Work Occasionally With or Around Children or Youth* shall be screened and selected utilizing at lest the following:
 - a. A standard application completed by the applicant that includes an acknowledgment for the release of information to conduct background checks and the Code of Conduct.
 - b. Individual interview with the applicant.

- c. At least one Reference Check of a person or persons outside the congregation who knows the applicant, preferably who know how the applicant interacts with children.
- d. Driving or Motor Vehicle records check if the person will be transporting children or youth; proof of current vehicular insurance.
- 3. All information gathered about an applicant will be carefully reviewed and evaluated to make a determination, in consultation with others as necessary, of whether or not the person is appropriate to work with children or youth.
- 4. Church Personnel who work with or around children or youth must have a personnel file that is kept where other church records are kept.
- 5. Criminal records checks and sexual offender registry checks will be conducted every five (5) years for Church Personnel who *Work Regularly With or Around Children or Youth.*
- 6. Church Personnel who transfer within the Diocese of Eastern Oregon and apply for or are asked to or who do undertake a position working with or around children or youth are required to undergo the same screening and selection process in Section A. above. This requirement may be met through a transfer of a copy of their personnel file to the new congregation, school, agency, or program together with completion of a new application, individual interview and reference checks with the congregations, schools, agencies or other programs for which the applicant has worked with or around children or youth since the screening was last done as show in the applicant's personnel file.

B. Education and Training Requirements

- 1. Three hours of child abuse prevention education and training is required for all *Church Personnel Who Work Regularly With or Around Children or Youth* before they start their work with children or youth or, if that is not possible, one hour of child abuse awareness training before they start their work and the rest of the training within three months of starting.
- 2. One hour of child abuse awareness education and training is required for all *Church Personnel Who Occasionally Work With or Around Children or Youth* before they start their work with children or youth.
- 3. Church Personnel who are responsible for screening, selection and supervision of others in programs for children and youth are required to complete specialized education and training in screening, selection and monitoring every three (3) years.

C. Monitoring and Supervision of Programs

The monitoring and supervision of programs and activities involving children or youth is important for safeguarding children and youth. This involves having structural guidelines or standards for the programs and activities for children and youth. These include such things as who approves new programs, how many adults need to be present and the like. In addition to setting structural guidelines and standards, church leaders must make sure the structural safeguards are followed. Programs and activities have to be monitored and supervised to do that.

- 1. Every program for children and youth must have established ratios for adults and children. Compliance with the established ratio is required at all times, including activities that occur off church premises.
- 2. Church Personnel are prohibited from being alone with a child or youth or multiple children or youth where other adults cannot easily observe them.
- 3. Church Personnel over the age of 21 must directly supervise Church Personnel under the age of 18 and be physically present during all activities.
- 4. An up to date list of approved congregation-sponsored programs for children and youth will be maintained in the church office or other place where church records are kept.
- 5. Church Personnel are not permitted to develop new activities for children and youth without approval from the rector or canonical equivalent. Requests to develop new activities should be submitted in writing to the rector. The rector will consider whether the plan for a new activity includes adequate adult supervision.
- 6. Each program will develop age-appropriate procedures to ensure the safety of children and youth using restrooms and showers or baths.
- 7. When supervising or assisting private activities such as dressing, showering or diapering infants or children, Church Personnel will remain in an area observable by other adults or work in pairs.
- 8. At least two unrelated Church Personnel must supervise activities. When both boys and girls are participating, male and female adults must be present.



Diocesan Guidelines for Responding to Problems

A. <u>Reporting Inappropriate Behaviors or Policy Violations with children or youth</u>

- 1. When Church Personnel observe any inappropriate behaviors, behaviors that are inconsistent with the *Guidelines for Appropriate Affection*, or which may violate any provision of these *Policies for the Protection of Children and Youth from Abuse*, they must immediately report their observations. Examples of inappropriate behaviors or policy violations would be seeking private time with children or youth, taking children or youth on over-night trips without other adults, swearing or making suggestive comments to children or youth, or selecting or using staff or volunteers without the required screening.
- 2. Such inappropriate behaviors or possible policy violations that relate to interactions with children or youth should be reported in one of the following ways:
 - a. A telephone call or meeting with the immediate supervisor of the person;
 - b. A telephone call or meeting with the rector, if the person is not the rector;
 - c. A telephone call or meeting with a church warden if the person is the rector;
 - d. A telephone call, meeting or fax to the Bishop;
 - e. Submit a *Notice of Concern* (Appendix B), signed or unsigned, to the Bishop.
- 3. All reports of inappropriate behavior or policy violations with children or youth will be taken seriously.

B. <u>Reporting Suspected Abuse of Children or Youth</u>

1. All Church Personnel are required by this policy to report known or suspected abuse of children or youth by telephone or otherwise to the local office of the State Office for Services to Children and Families or to a law enforcement agency within the county where the person making the report is at the time of the contact.

- 2. Failure to report suspected abuse of children or youth may be a crime. Oregon law provides that anyone participating in good faith in the making of a report of child abuse and who has reasonable grounds for making the report, shall have immunity form any liability, civil or criminal, that might otherwise be incurred or imposed with respect to the making or content of such report.
- 3. In addition to reporting to the state authorities, Church Personnel are required to report any suspected or known abuse of children or youth that may have been perpetrated by Church Personnel directly to the Rector of your parish so that immediate and proper steps may be taken to ensure the safety of alleged victims.
- 4. Reports of suspected or known abuse that involve Church Personnel may be reported to the Diocese of Eastern Oregon in the following ways:
 - a. A telephone call, meeting or fax to the Bishop, and if the Bishop is not available, to the Canon to the Ordinary;
 - b. A telephone call or meeting with the Rector, if the Rector is not the person being complained about.
 - c. Submit a *Notice of Concern (Appendix B)*, signed or unsigned, to the Bishop's Office.
- 5. The Diocese of Eastern Oregon and its parishes will cooperate with any investigation by state authorities to the fullest extent appropriate and inform authorities that a concurrent internal investigation will be directed by the Diocese of Eastern Oregon.



Appendix A General Definitions

Church Personnel

For the purposes of this policy, the following are included in the definition of Church Personnel when they are functioning in their respective roles for the church:

- 1. All clergy whether stipendiary, non-stipendiary, or otherwise who are engaged in ministry or service to the church.
- 2. All paid personnel whether employed in areas of ministry or other kinds of services by the diocese, its congregations, schools or other agencies.
- 3. Those who contract their services to the diocese, its congregations, schools or other agencies.
- 4. Volunteers, including any person who enters into or offers him or herself for a church related service, or who actually assists with or performs a service, whether or not they have been selected or assigned to do so. Volunteers include members of advisory boards, vestries, Bishop's Committees, and boards of directors. For example, Diocesan Council, Commission on Ministry, Eastern Oregon Foundation Board of Trustees, Ascension School Board, all congregational vestries, etc.

Children and Youth

A child is defined as anyone under the age of 12 years.

A **youth** is defined as anyone who is at least 12 years old, but not yet 18 years old. A youth may also be an individual who is 18 years old or older, but still in high school.

Regularly or Occasionally Work With or Around Children or Youth

For the purpose of this policy, the following are included in the definition of Church Personnel who *Work Regularly With or Around Children or Youth:*

- 1. All clergy whether stipendiary, non-stipendiary, or otherwise who are engaged in ministry or service to the church.
- 2. All paid or volunteer Church Personnel whose work regularly takes them throughout the facility or grounds who has keys giving them access to the buildings on the grounds.

- 3. All persons who supervise or assist with supervising children or youth, other than church school teachers, in ministries, programs or activities more often than occasionally.
- 4. All persons who provide transportation to children or youth without other adults in the vehicle more often than occasionally.
- 5. Any paid personnel whose living quarters are on the grounds of the church, school or other related agency.
- 6. All vestry members or other members of similar decision-making groups who have the authority to approve the creation of ministries, programs or activities for children or youth.

Examples of Church Personnel who *Work Regularly With or Around Children or Youth:* include, but are not limited to:

- Children's or youth choir directors
- Organists who work with children or youth
- Lay youth ministers
- Volunteer youth directors
- All Church Personnel who work or assist in the nursery more than four times a year
- All Church Personnel who work in the nursery if they are the only person over 21 years of age present at any time
- All staff, whether volunteer or paid, at church camps
- Adults who participate in overnight activities with children or youth more than twice a year

For the purpose of this policy, the following are included in the definition of Church Personnel who Occasionally Work With or Around Children or Youth:

- Church school teachers
- All persons who supervise or assist with supervising children or youth in ministries, programs or activities infrequently, generally no more than three times a year or for one program or activity during a year that lasts less than a month (i.e. assisting with preparation for the Christmas pageant, or teaching one "unit" of Church School for a month).
- All persons who provide transportation to children or youth without other adults in the vehicle infrequently, generally no more than three times a year.
- All person who work or assist in the nursery four or fewer times a year, whether on an emergency basis or otherwise.
- Adults who participate in overnight activities with children or youth once or twice a year.

Types of Abuse

1. **Physical Abuse** is a non-accidental injury, which is intentionally inflicted upon a child or youth. Abuse includes reckless or negligent use of drugs during pregnancy which results

in the birth of an infant with addictions or impairment. Non-accident physical injuries may appear as bruises, burns, fractures, bites, cuts, sprains, internal injuries, and auditory, dental, ocular, or brain damage.

- 2. Sexual abuse perpetrated by an adult is any contact or activity of a sexual nature that occurs between a child or youth and an adult. This includes any activity, which is meant to arouse or gratify the sexual desires of the adult, child or youth. These include, but are not limited to: rape, sodomy, incest, sexual penetration with a foreign object, exposing oneself before a child, exposing the genitals of a child, fondling, sexual harassment, and forcing, permitting, or encouraging a child to watch pornography or sexual activities.
- 3. **Sexual abuse perpetrated by another child or youth** is any contact or activity of a sexual nature that occurs between a child or youth and another child or youth when there is no consent, when consent is not possible, or when one child or youth has power over the other child or youth. This includes any activity which is meant to arouse or gratify the sexual desires of any of the children or youth. Approximately 25 percent of the child sexual abuse incidents involve serious offenses committed by a child or youth.
- 4. **Emotional abuse** is mental or emotional injury to a child or youth that results in an observable and material impairment in the child or youth's growth, development or psychological functioning.
- 5. **Neglect** is the failure to provide for a child or youth's basic needs or the failure to protect a child or youth from harm. Neglect includes but is not limited to: Failure to provide adequate supervision such that a child is endangered; an act of exploitation such as requiring a child to be involved in criminal activity; failure to provide life necessities such as food, clothing, shelter, nurturance; abandonment or desertion of a child.
- 6. **Economic exploitation** is the deliberate misplacement, exploitation, or wrongful temporary or permanent use of a child or youth's belongings or money.
- 7. **Threat of harm** is any activity, condition or person which places a child or youth at substantial risk of physical or sexual abuse, neglect, or mental injury. Threat of harm includes all actions, statements, written or non-verbal messages conveying threats of physical or mental injury which are serious enough to unsettle the child or youth's mind. It includes: expressions of intention to inflict pain, injury, evil, or punishment on the child or youth.



Appendix B Confidential Notice of Concern

Describe the situation: What happened, where it happened, when it happened, who was involved, who was present, who was notified? If reported to the State, what was their recommendation about investigating? *Attach additional sheets if needed*.

Has this situation ever occurred previously? Attach additional sheets if needed.

What action was taken? How was the situation handled, who was involved, who was questioned, were police called? *Attach additional sheets if needed*.

What is the follow-up plan? Does anyone else need to be notified? Will the situation need monitoring? Would you like someone to call you to discuss this situation?

Submitted by: (Please print)		
Telephone number:		
Location and address:		
Signature:	Date:	
Reviewed by:		
1		

Once you have completed this form, please fax it to the Diocesan Office at 541-296-0939



Appendix C Application Form

Instructions: *Please complete all of the questions accurately and fully. Attach additional sheets if needed.*

Today's Date: _____

Personal Data		
Name:		
Street Address:		
City:	State:	Zip
How long at current address:		
Work phone:		
Email address:		
Driver license number:		tate
Social Security number:		
Are you legally eligible to work in	this country?	
YesNo	-	
Note: If you are chosen for a naid nosit	tion you will be required to show a	locuments verifying your

Note: If you are chosen for a paid position, you will be required to show documents verifying your employment eligibility and identity to complete the INS form I-9 as required by the Immigration Reform and Control Act.